

**WE DELIVER!**

24-36 Hour notice is usually enough for us to book your lunch! If you need it sooner just call, email or text us to make sure we can do it!

**PORTIONS**

Our portions and prices are intended for a weekday lunch average appetite. If you have heavy eaters, consider booking for a few extra people.

**Dietary Restrictions/Allergies**  
PLEASE communicate this when you book the lunch.

**Delivery Charges**  
Our charge ranges from \$10 and up depending on the distance. You are always welcome to pick up!

**Paper Products**  
We will be happy to provide paper plates, napkins and cutlery and \$.50 per person. Special requests will be charged accordingly.

**Beverages**  
Let us know if you want to add Coke, Diet Coke or Water!

**Just a Bite**

Assortment of Signature Wraps  
Sweet Maui Kettle Chips  
Assorted cookies  
Feeds 8-10 \$75

**Meet and Eat**

Assortment of Signature Wraps  
Sweet Maui Kettle Chips  
Gourmet Green Salad  
Dozen Assorted Cookies  
Feeds 8-10 \$100

**A Little More**

Assortment of Signature Wraps and Sandwiches  
Sweet Maui Kettle Chips  
Gourmet Green Salads or One Gourmet Green  
Seasonal Pasta Salad  
Assorted Cookies  
Feeds 8-10 \$120

**Just the Veggies**

Assortment of Vegetarian and Vegan Wraps  
Sweet Maui Kettle Chips (GF and Vegan)  
Roasted Veggie Lemon Balsamic Pasta or Grain Salad )  
Gourmet Green Salad  
Vegan Chocolate Chip Soft Cookies  
Feeds 8-10 \$135

**That's Italian**

Assortment of our Vegetarian Caprese Wrap,  
Chicken Pesto Wrap, & Roast Beef Balsamic Sandwich  
Italian Arugula Spinach Salad with Balsamic Vinaigrette  
Sweet Maui Kettle Chips  
Italian "S" and Ricotta Cookies  
Feeds 8-10 \$135

**Power Hour**

Assortment of our Vegan Black Bean Avo Wraps, Nutty  
Chicken Salad Wrap, California Dijon Turkey Wrap  
Lemon Thyme Hummus with Fresh Crisps  
Power UP Salad with Apple Cider Vinaigrette Dressing  
Grilled Chicken Strips  
Assortment of Trail Mix and Chocolate Walnut Chunk  
Cookies  
Feeds 8-10 \$175

**Subbies**

Assortment of our Turkey Cooper American Cheese, Italian,  
and Roast Beef and Cheddar Mini Subs with sides of  
spreads  
Choice of Caesar, or Southwest Taco Salad  
Sweet Maui Kettle Chips  
Bacon Parm Pasta Salad or Loaded Baked Potato Salad  
Triple Chocolate Chunk and Peanut Butter Cup Cookies  
Feeds 8-10 \$145

**Ultimate Sammy**

An assortment of our Roast Beef Cheddar Horsey,  
Buffalo Chicken Bleu, BBQ Jack Attack, and Hawaiian Ham  
Sweet Maui Kettle Chips  
Choice of Salad, Pasta Salad or Potato Salad  
Triple Chocolate Chunk Cookies  
Feeds 8-10 \$165

**In a Box**

½ Wrap or ½ Sandwich or Small Salad  
Sweet Maui Kettle Chips  
Lemon Thyme Hummus with Carrot Crisps, Pasta Salad  
Or Fresh Cut Fruit and a Cookie  
*\$12.95 Each – Two different sandwich/wrap choices maximum for  
groups less than 10 ppl*

**All packages are available for larger quantities of people upon request. Substitutions and special requests may be subject to additional charge.**

TO ORDER!!

\*Call us at 484-951-0442 – Feel Free to leave a message!

\*Text us at 484-951-0442 – Fastest way to get a lunch on short notice!

\*Email us at [29cooks@gmail.com](mailto:29cooks@gmail.com)



29  Cooks  
catering + culinary center



4030 Chestnut Street

Emmaus, PA 18049

Check out our full catering menu at [www.29cooks.com](http://www.29cooks.com)

**corporate lunch catering menu**

