



Shower Planner 101

Pinterest, Instagram, Facebook, Twitter, Etsy, and the list goes on and on, has changed the face of planning parties, especially showers! Daily we work with men and women who are trying to plan a themed party and are so overwhelmed with the themes, decorations, and never ending ideas that it can start to feel like they will never get it all done!

At **29 Cooks**, we spend a great deal of time helping people bring ideas to life. Our expertise lies in the food, flavors, and quality, but we have a great expanse of knowledge on what it takes to pull a party together. In an effort to help you, the planner, have a place to start, we have put together a quick guide on how to look at a menu in a more general sense. While the pricing is a range, and whether you choose to make items yourself, or have us do part or all of the food, we hope it will help your approach to planning a menu.

Cold Lunch Buffet – *Price range \$12-\$16 pp*

- 3 sandwich/wrap choices
- Two to three salads – whether green, grain or potato
- Two Dips
- Chips
- One or two hors d'oeuvres

Hot Lunch Buffet – *Price range \$15-\$20 pp*

- One or two entrees
- A side that is a starch
- A side that is a vegetable
- One salad
- One or two hors d'oeuvres
- One dip

Brunch *Price range \$15-20 pp*

- One egg dish
- One baked pastry dish (can be omitted)
- One hot or cold lunch entrée/sandwich
- One starch (can be breakfast or lunch)
- One green salad
- One pastry
- One fruit or yogurt bar