



UNDER PRESSURE 2.0
INSTANT POTS & ELECTRIC PRESSURE COOKERS

YOU ASKED FOR ANOTHER HANDS ON CLASS AND HERE IT IS!

SATURDAY, JANUARY 20, 2018

10 AM TO 1 PM

Smokey BBQ St. Louis Pork Ribs
Meyer Lemon Olive Oil Garlic Whole Chicken
15 minute Shredded Beef French Dip Sandwiches

IMPORTANT NOTE: ALL PARTICIPANTS MUST BRING THEIR OWN INSTANT POT, CROCKPOT EXPRESS, OR ELECTRIC PRESSURE COOKER. TWO PEOPLE MAY CHOOSE TO SHARE A PRESSURE COOKER, BUT THE PRICE IS STILL THE SAME AS YOU WILL DOUBLE THE BATCH.

EVERYONE WILL LEAVE WITH A LOT OF KNOWLEDGE AND A LOT OF FOOD TO TAKE HOME!

SPACE IS LIMITED!

All registrations must be done online at www.29cooks.com/adult-culinary

**** the registration button will take you to our online calendar.

find the date and click on the class to register and pay.

29  Cooks
catering + culinary center