



STEP ONE:

Choose Entrees & Suggested or Optional Sides

Baked Buffalo Crispy Chicken

Tender chicken breast coated with mild buffalo ranch and topped with crispy buffalo ranch Panko bread crumb coating. Served with loaded potato bacon cheddar mashed potato bake.
(contains: wheat, milk, eggs)

**Pressed Turkey Carver
Cuban Sandwich**

Mojo citrus seasoned roast turkey breast hand carved and topped with smoked ham, sweet & sassy pickles, dark grain ale mustard and Havarti cheese. Pressed on a Cuban roll and served with a side of seasoned crispy Yucca fries. (contains: wheat, milk, eggs)

Chicken Stroganoff

Grilled chicken breast, diced and joined with a light creamy chicken broth, carrots and potatoes. Served with parsley buttered pappardelle egg noodles.
(contains: wheat, milk, eggs)

**Brown Sugar Balsamic Glazed
Pork Tenderloin**

Marinated pork tenderloin, pan seared and finished with brown sugar balsamic glaze. Served with a side of rosemary roasted red potatoes. GF

Broccoli Cheddar Grilled Chicken

Grilled chicken breast topped with sautéed broccoli, cheddar cheese sauce and sharp cheddar cheese. Served with a side wild rice pilaf.
(contains: wheat and milk)

Cioppino Fisherman's Stew

Flaky fish, crab, bay scallops, shrimp, and mussels ready to be finished in a tomato garlic white wine herb seafood broth. Served with Crusty Bread for dipping. Gf without bread. \$3 more per serving. (contains: shellfish, finfish, bread contains wheat)

All entrees come in aluminum containers for easy oven baking.

*Most items take about 30 minutes in a 375 degree oven.

*Have a special order? If we can do it, we will!

USING A GIFT CERTIFICATE?

EMAIL US YOUR ORDER AND BRING IT IN WITH YOU. DON'T ORDER ON OUR WEBSITE AS IT WON'T TAKE THE CERTIFICATE! EMAIL US AT 29COOKS@GMAIL.COM

Any no-shows for picking up food ordered using a gift certificate will be charged against the certificate and deducted from the balance. No cancellations may be made for orders after midnight the Monday prior.

STEP TWO:

Substitute **OR** Add extra side items

- Loaded Bacon Cheddar Mashed Potatoes (gf)
- Yucca Fries (GF)
- Parsley Buttered Noodles
- Rosemary Roasted New Potatoes (GF)
- Steamed Broccoli (GF)
- Wild Rice Pilaf (GF)

*All entrees have suggested sides that will automatically come with them unless you substitute another side when ordering.

***Note:** You cannot split the double dinner sides (example- single fry + single cauliflower) when substituting.

STEP THREE:

Add Salads or Soup

Power Up (Gf) (V)

Greens, apples, broccoli, carrots, edamame, sunflower seeds, pumpkin seeds, toasted pecans. apple cider vinaigrette

Harvest (GF)

Greens, dried cranberries, apples, candied walnuts, white cheddar or blue cheese. citrus vinaigrette (GF)

29 Caesar Salad

Baby spinach and romaine, roasted red peppers, shaved parmesan and romano, side of multigrain croutons, creamy Caesar (no anchovy) (GF without croutons)

NEW!! Romaine Bacon Salad

Chopped romaine, crispy bacon, heirloom tomatoes, blue cheese, crispy fried onions (on the side) served with housemade Blue cheese Dressing

**Add Grilled or Blackened Chicken Breast \$2 per single serving - \$4 per double serving

Add Soup

Old School Chicken Alphabet Soup

Savory chicken bone broth simmered with celery, onion, carrot and chicken breast, joined with alphabet noodles.

STEP FOUR:

Add Dessert \$4 single \$8 double

Chocolate Chip Cheesecake

STEP FIVE:

Choose your serving sizes, package items and/or add ons

Basic Pricing:

Hearty Servings

Single Supper \$11

Double Dinner \$20

Optional Packages:

Three Single Meal Deal \$30

Family Meal Deal \$65

4 servings of any item with sides, choice of two of the following:

Quart of soup, family size salad, dessert

Optional Add-ons:

Soup

-10 oz -Soup \$3

-Quart of soup (32 oz) \$10

-Seafood Soups \$5 & \$15

Side Items

Single serving side item \$5

Double serving side item \$9

Salads

Single 16 oz side salad \$5

Double 32 oz side salad \$9.50

Dessert:

See Dessert Section for Weekly Pricing

*Premium items with an upcharge will change the price accordingly if ordered.

FINAL STEP:

**Place your order by
Midnight on Monday**

Online: www.29cooks.com

by email:

www.29cooks@gmail.com

by text or voicemail:

484-951-0442

Pickup between 2-6 pm on Tuesday at 4030 Chestnut Street, Emmaus.

In the strip mall with Dunkin'!