



STEP ONE:

Choose Entrees & Suggested or Optional Sides

Country Grilled Chicken

Grilled herb chicken breast over country potato stuffing and topped with roasted chicken pan gravy. Served with a side of homestyle mashed potatoes. (contains: wheat, milk, egg)

Cuban Mojo Flat Iron Steak

Orange lime olive oil marinated 8 oz flat iron steak, grilled to rare to finish in your oven to desired doneness. Topped with diced mango and roasted red pepper garnish and Served with a side of Cuban rice & black beans. (GF) \$2 extra per serving

Chicken Marsala

Grilled olive oil garlic chicken breast, topped with a wild mushroom marsala sauce with a touch of fresh sage. Served with a side of garlic redskin mashed potatoes. (GF)

Scallop Mussel Cavatelli

Cavatelli pasta in a light white wine roasted garlic sauce with mussels large bay scallops, and grilled veggies. Served with crusty sourdough baguette slices. (GF) \$1.00 extra per serving (contains: shellfish, wheat, butter/milk)

Drunken Sausage & Roasted Corn Grits

From our first ever Takeout Tuesday in 2014! Yuengling Black and Tan Sausage, sliced, seared and tossed with sautéed sweet onions, bell peppers and a sweet zesty mustard glaze. Served with Roasted Corn White Cheddar Grits. (GF)

Maui Kabowi Burger

8 oz chuck patty grilled to rare to finish in your oven, topped with teriyaki glaze, grilled pineapple, red bell pepper, provolone cheese. Served with a side of sweet orange aioli, an onion poppy roll and Brew City Beer Battered Fries. (contains: wheat, milk, egg in the roll. Soy in the teriyaki, and egg in the aioli, milk in the cheese)

All entrees come in aluminum containers for easy oven baking. *Most items take about 30 minutes in a 375 degree oven.

*Have a special order? If we can do it, we will!

USING A GIFT CERTIFICATE?

EMAIL US YOUR ORDER AND BRING IT IN WITH YOU. DON'T ORDER ON OUR WEBSITE AS IT WON'T TAKE THE CERTIFICATE! EMAIL US AT 29COOKS@GMAIL.COM Any no-shows for picking up food ordered using a gift certificate will be charged against the certificate and deducted from the balance. No cancellations may be made for orders after midnight the Monday prior.

STEP TWO:

Substitute OR Add extra side items

- Homestyle Mashed Potatoes (GF)
- Cuban Rice & Black Beans (GF)
- Grilled Zucchini, Eggplant, Roasted Red Peppers (GF)
- Garlic Redskin Mashed Potatoes (GF)
- Roasted Corn White Cheddar Grits (GF)
- Brew City Fries (GF)

*All entrees have suggested sides that will automatically come with them unless you substitute another side when ordering.

*Note: You cannot split the double dinner sides (example: single fry + single cauliflower) when substituting.

STEP THREE:

Add Salads or Soup

Power Up (GF) (V)

Greens, apples, broccoli, carrots, edamame, sunflower seeds, pumpkin seeds, toasted pecans. apple cider vinaigrette

Harvest (GF)

Greens, dried cranberries, apples, candied walnuts, white cheddar or blue cheese. citrus vinaigrette

(GF)

29 Caesar Salad

Baby spinach and romaine, roasted red peppers, shaved parmesan and romano, side of multigrain croutons, creamy Caesar (no anchovy) (GF without croutons)

Italian Chopped Salad

Romaine, heirloom tomatoes, black olives, shaved parmesan, red onions, whole pepperoncini, served with a side of croutons and our House Italian Dressing.

**Add Grilled or Blackened Chicken Breast

\$2 per single serving - \$4 per double serving

Add Soup

Creamy Chicken Wild Rice Soup

Chicken breast, wild rice blend, mushrooms, onions, chicken broth, touch of cream. (GF)

STEP FOUR:

Add Dessert \$4 single \$8 double

Rockland Bakery Elephant Ear With Salted Chocolate Caramel Dip

STEP FIVE:

Choose your serving sizes, package items and/or add ons

Basic Pricing:

Hearty Servings

Single Supper \$11

Double Dinner \$20

Optional Packages:

Three Single Meal Deal

\$30

Family Meal Deal \$65

4 servings of any item with sides, choice of two of the following:

Quart of soup, family size salad, dessert

Optional Add-ons:

Soup

-10 oz -Soup \$3

-Quart of soup (32 oz) \$10

-Seafood Soups \$5 & \$15

Side Items

Single serving side item \$5

Double serving side item \$9

Salads

Single 16 oz side salad \$5

Double 32 oz side salad

\$9.50

Dessert:

See Dessert Section for Weekly Pricing

*Premium items with an upcharge will change the price accordingly if ordered.

FINAL STEP:

Place your order by Midnight on Monday

Online: www.29cooks.com

by email:

29cooks@gmail.com

by text or voicemail:

484-951-0442

Pickup between 2-6 pm on Tuesday at 4030 Chestnut Street, Emmaus.

In the strip mall with Dunkin!