



### STEP ONE:

Choose Entrees & Suggested or Optional Sides

#### **Hungarian Chicken Paprikash**

Roasted chicken breast pulled and simmered in our sour cream Hungarian paprika sauce. Served with a side of buttered parsley egg noodles. (GF without noodles)

#### **Meatloaf and Mashed**

Always our top seller and house favorite! Ground beef seasoned and shaped into mini loaves and topped with our sweet ketchup glaze. Served with a side of homestyle mashed potatoes. GF (potatoes contain milk)

#### **Lunch Lady Sloppy Joes**

Ground beef, cooked and simmered in a light traditional sauce and served with potato rolls. Served with a side of traditional egg macaroni salad (no onion) and our sweet maui kettle chips (chips cannot be replaced with a substitute side) (roll and mac contains: wheat and eggs. (available as Turkey Sloppy Joe by request)

#### **Grilled Chicken Schwarma**

Seasoned grilled chicken breast pieces with grilled veggies served with sides of tahini sauce, tzatziki cucumber creamy sauce, pita bread, lettuce, tomato and onion for building this Middle Eastern delicious gyro type street food. Served with a side of Lemon Olive Oil Cucumber Tomato Red Onion Salad.

#### **Citrus Roasted Salmon**

Lemon, lime and clementine glazed roasted Atlantic salmon served with a side of grilled salt and pepper zucchini. GF \$2 extra per serving.

#### **Chicken Rigatoni Ala Vodka**

Mini rigatoni pasta mixed with diced grilled chicken breast in a creamy garlic vodka sauce. Topped with shaved parmesan and served with a side of garlic seared haricot vert green beans. (contains: milk, wheat)

All entrees come in aluminum containers for easy oven baking. \*Most items take about 30 minutes in a 375 degree oven.

\*Have a special order? If we can do it, we will!

#### **USING A GIFT CERTIFICATE?**

EMAIL US YOUR ORDER AND BRING IT IN WITH YOU. DON'T ORDER ON OUR WEBSITE AS IT WON'T TAKE THE CERTIFICATE! EMAIL US AT [29COOKS@GMAIL.COM](mailto:29COOKS@GMAIL.COM)

Any no-shows for picking up food ordered using a gift certificate will be charged against the certificate and deducted from the balance. No cancellations may be made for orders after midnight the Monday prior.

### STEP TWO:

Substitute OR Add extra side items

Homestyle Mashed Potatoes (GF)

Traditional Egg Macaroni Salad

Parsley Butter Egg Noodles

Lemon Olive Oil Cucumber Tomato Salad (gf)

Buttered White Shoepeg Corn (GF)

Steamed Peas and Carrots (GF)

Garlic Haricot Vert Green Beans (GF)

\*All entrees have suggested sides that will automatically come with them unless you substitute another side when ordering.

\***Note:** You cannot split the double dinner sides (example- single fry + single cauliflower) when substituting.

### STEP THREE:

Add Salads or Soup

#### **Power Up (Gf) (V)**

Greens, apples, broccoli, carrots, edamame, sunflower seeds, pumpkin seeds, toasted pecans. apple cider vinaigrette

#### **Harvest (GF)**

Greens, dried cranberries, apples, candied walnuts, white cheddar or blue cheese. citrus vinaigrette (GF)

#### **29 Caesar Salad**

Baby spinach and romaine, roasted red peppers, shaved parmesan and romano, side of multigrain croutons, creamy Caesar (no anchovy) (GF without croutons)

#### **New!! Fire & Ice Salad**

Mixed greens, heirloom tomatoes, red onions, bell peppers, black beans, yellow cheddar, grilled pineapple, a dash of house jerk seasoning. Served with a side of creamy Sriracha BBQ dressing. GF

**\*\*Add Grilled or Blackened Chicken Breast \$2 per single serving - \$4 per double serving**

Add Soup

#### **Split Pea with Ham Soup**

Split Peas, ham, potatoes and carrots with a dash of cream.

### STEP FOUR:

Add Dessert \$4 single \$8 double

#### **Strawberry Rhubarb Pie**

### STEP FIVE:

Choose your serving sizes, package items and/or add ons

#### **Basic Pricing:**

**Hearty Servings**

**Single Supper \$11**

**Double Dinner \$20**

#### **Optional Packages:**

**Three Single Meal Deal**

\$30

**Family Meal Deal \$65**

4 servings of any item with sides, choice of two of the following:

Quart of soup, family size salad, dessert

#### **Optional Add-ons:**

**Soup**

-10 oz -Soup \$3

-Quart of soup (32 oz) \$10

-Seafood Soups \$5 & \$15

**Side Items**

Single serving side item \$5

Double serving side item \$9

**Salads**

Single 16 oz side salad \$5

Double 32 oz side salad

\$9.50

**Dessert:**

See Dessert Section for Weekly Pricing

\*Premium items with an upcharge will change the price accordingly if ordered.

### FINAL STEP:

**Place your order by Midnight on Monday**

Online: [www.29cooks.com](http://www.29cooks.com)

by email:

[29cooks@gmail.com](mailto:29cooks@gmail.com)

by text or voicemail:

484-951-0442

Pickup between 2-6 pm on Tuesday at 4030 Chestnut Street, Emmaus.

In the strip mall with Dunkin!