



### STEP ONE:

Choose Entrees & Suggested or Optional Sides

## Cheesy Bell Pepper Chicken Stacker

*Grilled chicken breast with a bell pepper creamy six cheese blend, baked and served with a side of roasted brussel sprouts with toasted pecans*

## Shrimp and Grits (GF)

*Tender marinated grilled shrimp with caramelized onion and bacon lardons served with a side of roasted corn white cheddar stone ground grits.*

## Italian Smoked Sausage Sandwich

*Local smoked garlic sausage, roasted garlic olive oil sautéed peppers, onions, broccoli rabe mozzarella. Served with a side of Roasted garlic butter sliced potatoes and club rolls. (Italian Turkey Sausage may be requested)*

## Moroccan Chicken

*Bone-in chicken thighs, garlic and sweet red onions slowly braised in a fragrant chicken broth until thick and savory. Served with a side of pita bread and rice pilaf (,may request boneless chicken breast) (chicken and rice is gf)*

## Grilled Sliced Ham

*Country smoked ham, baked and sliced and topped with a crushed pineapple brown sugar topping. Served with a side of baked sweet potato with honey sugar butter.*

All entrees come in aluminum containers for easy oven baking.

\*Most items take about 30 minutes in a 375 degree oven.

\*Have a special order? If we can do it, we will!

### USING A GIFT CERTIFICATE?

EMAIL US YOUR ORDER AND BRING IT IN WITH YOU.

DON'T ORDER ON OUR WEBSITE AS IT WON'T TAKE THE CERTIFICATE! EMAIL US AT

[29COOKS@GMAIL.COM](mailto:29COOKS@GMAIL.COM)

Any no-shows for picking up food ordered using a gift certificate will be charged against the certificate and deducted

### STEP TWO:

Substitute OR Add extra side items

- Roasted Brussels (GF)
- Yukon Mashed Potatoes (GF)
- Roasted Corn White Chdr Grits (GF)
- Baked Sweet Potato (GF)
- Roasted Garlic Sliced Potatoes (GF)
- Rice Pilaf
- Steamed Broccoli (GF)

\*All entrees have suggested sides that will automatically come with them unless you substitute another side when ordering.

\*Note: You cannot split the double dinner sides (example- single fry + single cauliflower) when substituting.

### STEP THREE:

Add Salads or Soup

## Power Up (GF) (V)

*Greens, apples, broccoli, carrots, edamame, sunflower seeds, pumpkin seeds, toasted pecans. apple cider vinaigrette*

## Harvest (GF)

*Greens, dried cranberries, apples, candied walnuts, white cheddar or blue cheese. citrus vinaigrette*

(GF)

## 29 Caesar Salad

*Baby spinach and romaine, roasted red peppers, shaved parmesan and romano, side of multigrain croutons, creamy Caesar (no anchovy) (GF without croutons)*

## NEW! Blueberry Broccoli Spinach Salad

*Baby Spinach topped with blueberries, broccoli, dried cranberries, avocado, sunflower seeds and goat cheese.*

*Lemon Peppy Dressing GF*

\*\*Add Grilled or Blackened Chicken Breast

\$2 per single serving - \$4 per double serving

Add Soup

## Lump Crab Bisque

*Our Café 29 throwback favorite!*

*Lump crab in a creamy broth with a touch of tomato pasta and Old Bay seasoning.*

\$5 single \$10 double \$15 quart.

### STEP FOUR:

Add Dessert \$4 single \$8 double

## Icebox Banana Cake

### STEP FIVE:

Choose your serving sizes, package items and/or add ons

Basic Pricing:

Hearty Servings

Single Supper \$11

Double Dinner \$20

Optional Packages:

Three Single Meal Deal

\$30

Family Meal Deal \$65

4 servings of any item with sides, choice of two of the following:

Quart of soup, family size salad, dessert

Optional Add-ons:

Soup

-10 oz -Soup \$3

-Quart of soup (32 oz) \$10

-Seafood Soups \$5 & \$15

Side Items

Single serving side item \$5

Double serving side item \$9

Salads

Single 16 oz side salad \$5

Double 32 oz side salad

\$9.50

Dessert:

See Dessert Section for Weekly Pricing

\*Premium items with an upcharge will change the price accordingly if ordered.

### FINAL STEP:

Place your order by Midnight on Monday

Online: [www.29cooks.com](http://www.29cooks.com)

by email:

[29cooks@gmail.com](mailto:29cooks@gmail.com)

by text or voicemail:

484-951-0442

Pickup between 2-6 pm on Tuesday at 4030 Chestnut Street, Emmaus.

In the strip mall with Dunkin'!