



STEP ONE:

Choose Entrees & Suggested or Optional Sides

Pressed Cuban Sandwich

Mojo citrus seasoned roast pork, topped with smoked ham, dill pickles, yellow mustard and cheese. Pressed on a Cuban roll and served with a hearty side of crispy tater tots (contains: wheat, milk,)

Chicken Paprikash

Roasted pulled chicken breast simmered with celery, carrots and onion in a Hungarian paprika chicken bone broth and finished with sour cream. Served with parsley buttered egg noodles. (contains: milk + wheat in noodles) (chicken is GF)

Popcorn Shrimp & Crab Fries

Breaded popcorn style shrimp served with Old Bay dusted Crinkle Cut Fries with a side of white cheddar queso and side of tartar, cocktail sauce.

Grilled Bourbon Honey Chicken

Chicken Breast marinated in honey and bourbon, grilled and glazed with marinade. Served with Buttered Syracuse style Salt Potatoes. (potatoes contain milk)

Chopped Sirloin w/Gravy

Ground seasoned sirloin served with a caramelized onion beef gravy and Yukon mashed potatoes GF (contains milk)

Chicken Provencal

Olive oil grilled chicken breast with roasted tomatoes, and thyme served with olive oil roasted asparagus spears and roasted red peppers. (GF)

All entrees come in aluminum containers for easy oven baking.

*Most items take about 30 minutes in a 375 degree oven.

*Have a special order? If we can do it, we will!



To all of our customers:

Our last price increase was in October of 2016 for Takeout Tuesday. We work hard to give you great meals at a terrific value and want to continue to do so.

With increases in both food ingredients and most recently, large increases on packaging materials, it is necessary for us to raise our prices as of January 2019. Prices will rise \$1 per serving for all items. We appreciate your understanding and look forward to serving you over the next year!

Kevin & Cindie Feldman and Culinary Team

STEP TWO:

Substitute OR Add extra side items

Steamed Peas & Carrots (GF)

Tater Tots

Parsley Buttered Egg Noodles (GF)

Yukon Mashed Potatoes (GF)

Roasted Asparagus \$1 extra per serving (GF)

Old Bay Fries with Queso \$1 extra per serving (GF)

Buttered Syracuse Salt Potatoes (GF)

*All entrees have suggested sides that will automatically come with them unless you substitute another side when ordering.

*Note: You cannot split the double dinner sides (example- single fry + single cauliflower) when substituting.

STEP THREE:

Add Salads or Soup

Power Up (Gf) (V)

Greens, apples, broccoli, carrots, edamame, sunflower seeds, pumpkin seeds, toasted pecans. apple cider vinaigrette

Harvest (GF)

Greens, dried cranberries, apples, candied walnuts, white cheddar or blue cheese. citrus vinaigrette (GF)

29 Caesar Salad

Baby spinach and romaine, roasted red peppers, shaved parmesan and romano, side of multigrain croutons, creamy Caesar (no anchovy) (GF without croutons)

Fire & Ice Salad

Mixed greens, heirloom tomatoes, red onions, bell peppers, black beans, yellow cheddar, grilled pineapple, a dash of house jerk seasoning. Served with a side of creamy Sriracha BBQ dressing. GF

**Add Grilled or Blackened Chicken Breast-\$3 per single serving - \$6 per double serving

Add Soup

Creamy Broccoli Cheddar Soup

STEP FOUR:

Add Dessert \$5 single \$9 double

Mini Peanut Butter Mousse Cake

Layers of Chocolate cake and peanut butter mousse.

STEP FIVE:

Choose your serving sizes, package items and/or add ons

Basic Pricing:

Hearty Servings

Single Supper \$12

Double Dinner \$22

Optional Packages:

Three Single Meal Deal \$33

Family Meal Deal \$69

4 servings of any item with sides, choice of two of the following:

Quart of soup, family size salad, dessert

Optional Add-ons:

Soup

-10 oz-Soup \$4

-Quart of soup (32 oz) \$13

-Seafood Soups \$6 & \$16

Side Items

Single serving side item \$6

Double serving side item \$10

Salads

Single 16 oz side salad \$6

Double 32 oz side salad

\$10.50

Dessert:

See Dessert Section

for Weekly Pricing

*Premium items with an upcharge will change the price accordingly if ordered.

FINAL STEP:

Place your order by Midnight on Monday

Online: www.29cooks.com

by email:

www.29cooks@gmail.com

by text or voicemail:

484-951-0442

Pickup between 2-6 pm on Tuesday at 4030 Chestnut Street, Emmaus.

In the strip mall with Dunkin'!